

Case Study

53 year old male with chief complaint of TYPE II DIABETES MELLITUS



The patient also suffers from hypertension, hyperlipidemia and allergies with episodes of dizziness. Medications he had been taking include Actos plus Met, Kaprex, Chromium, Singulair, Cholarest, Androgel, Lisinopril, Diovan and Clarinex. SpectraCell's MicroNutrient Testing revealed functional deficiencies of Vitamin B2, Zinc, Magnesium, Selenium and Spectrox. **Based upon these deficiencies, he was administered the following nutritional supplement protocol:**

- 1) **Stress B Plus**
- 2) **Zinc**
- 3) **Magnesium**
- 4) **Selenium Plus**
- 5) **Wobenzyme**
- 6) **Vasotensin**
- 7) **Fish oil**

In addition to the above supplements, his dosage of Chromium was increased to three tabs daily. His Actos plus Met dosage was decreased and he was taken off of Lisinopril.

Clinical Outcome:

Natural medications are less expensive than drugs. Patient's abnormal levels returned to normal and the patient's subjective report is that he is feeling better.



MicroNutrient
Testing

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