

Case Study

53 year old female with MENOPAUSAL SYNDROME



The patient also suffered from depression and fatigue. She had been prescribed 20 mg Prozac daily and wanted to be able to stop taking this medication. She also took Adrekor, Travacor, Albuterol, Biest/Prog/Test (natural bioidentical hormone), Amitiza, EX Flex and Excita Plus. SpectraCell's MicroNutrient Testing showed deficiencies in Vitamin B12, Vitamin E and Spectrox. **Based upon these deficiencies, she was administered the following protocol:**

- 1) Vitamin C
- 2) Vitamin E
- 3) Selenium
- 4) Vitamin B12

Clinical Outcome:

Three months later, the patient was able to stop taking Prozac. Her depression and fatigue had resolved completely. Since natural medications are less expensive than drugs, she had a significant cost savings. These medications led to the cure of her depression and fatigue. She feels wonderful: no apathy, no insomnia, positive energy and positive mood. She now has the ability to work full-time.



MicroNutrient
Testing

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