

Abstract

Orv Hetil. 2004 May 9;145(19):1007-10.

Cutaneous symptoms of zinc deficiency in adults

Török L, Olasz K, Kirschner A.

Bács-Kiskun Megyei Onkormányzat Kórház, Bőrgyógyászata, Kecskemét.

BACKGROUND: Malabsorption is frequently accompanied by skin symptoms, which are the most likely first manifestation of the disease. Skin lesions are mainly due to the deficiency of zinc, different vitamins, minerals, essential aminoacids, and other nutrients.

SUMMARY: The present paper demonstrates 3 patients with different types of skin symptoms primarily related to zinc deficiency, which occur in gastrointestinal diseases and alcohol abuse (acrodermatitis enteropathica, eczema craquele, hyperpigmentation).

PMID: 15181736

