

Abstract

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Significant Vitamin D Deficiency in Youth with Type 1 Diabetes Mellitus

B.M. Svoren, L.K. Volkening, J.R. Wood, L.M.B. Laffel

OBJECTIVE: Serum 25-hydroxyvitamin D was measured in 128 youth with type 1 diabetes mellitus.

RESULTS: Less than 25% of the patients were vitamin D sufficient.

CONCLUSION: Because individuals with type 1 diabetes mellitus possess multiple risk factors for skeletal fragility, ensuring vitamin D sufficiency throughout childhood and adolescence in this population seems especially warranted.

