

Abstract

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Cough mixture abuse as a novel cause of folate deficiency: a prospective, community-based, controlled study.

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OBJECTIVE: Cough mixture abuse has been reported to cause severe folate deficiency and neurological defects. We carried out a prospective case-controlled survey to confirm this association and define the incidence and severity of the problem.

METHODS: A total of 57 cough mixture abusers and 47 other substance abusers (controls) were studied.

RESULTS AND CONCLUSION: When compared with controls, cough mixture abusers had a high incidence of low folate levels that could only be detected by screening.

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